



TeamNL@work

transition to the next career

Wanda Schapendonk, NOC*NSF

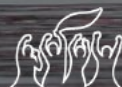


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Shared vision Ministry of Sports and NOC*NSF

“Through early awareness and continuous support, all elite athletes in The Netherlands with a NOC*NSF status will become familiar with the importance of a good transition to ensure a smooth transition to a next career”

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Holistic Athletic Career Model

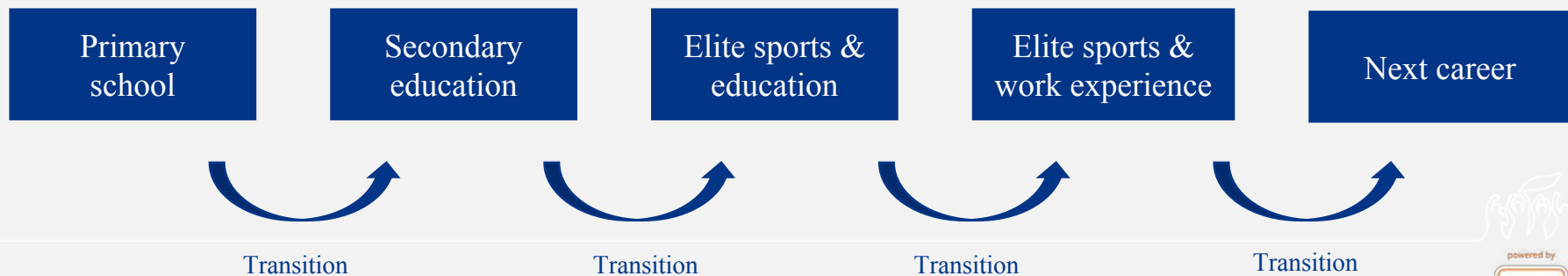


	talent development			elite level			post-athletic career
age	10	15		20	25	30	35
athletic development	initiation	development		mastery			discontinuation
psychological development	schoolchild	puberty	adolescence	adult			
psychosocial development	parents siblings peers	peers coach parents		partner - young family coach - support staff team-mates - students			family (coach) peers
academic/vocational development	primary education	secondary education		(semi-) prof. athlete			post-athletic career
			higher education	(semi-) prof. athlete			
financial development	family	familyNGB		familyNGB		family	employer
legal development	minor			adult (of age)			

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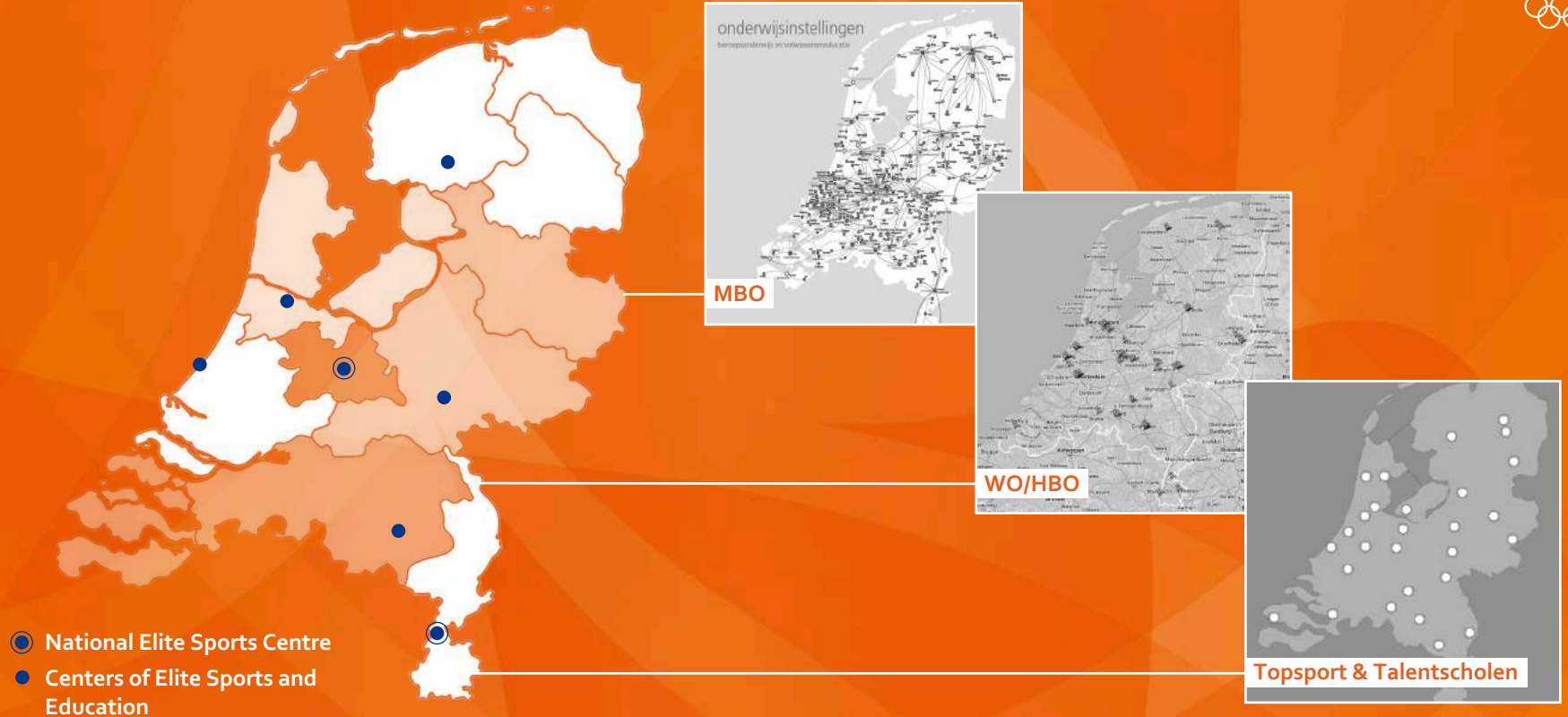
Holistic Athletic Career Model

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Awareness

Combination Elite sports and Education



Dual career policy



Sports calendar 2017+ (NOC*NSF)



Topsport Talent School



“FLOT” HBO/WO

Doelstellingen TOPSPORT LEEFSTIJL	Trainingsvormen (hoe train je het)	Tijdspad (w train je het)
<p>Leerdoelen</p> <p>1. De sporter begrijpt het belang van de gestelde leerdoelen in de fase 'Leren Trainen' en past deze op de juiste manier toe.</p> <p>Trainingsdoelen</p>	<p>Workshop over planning en periodisering, waardoor de schaatser meer begrip krijgt en bewuster wordt van hoe ze de afstemming van school, sport en sociale activiteiten kunnen organiseren.</p>	<p>Alle workshops het seizoen</p>

“Meerjarenopleidingsplannen” (Sports Federations)



Topsport addendum



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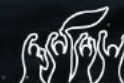


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**Target group:
(Retired) A-, HP- and selection status athletes**



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Steps



1. Athlete applies
for program at
NOC*NSF

3. Intake
NOC*NSF

5. Support
(program)

1

2

3

4

5

6

2. Within 5
days
contact
NOC*NSF

4. Referral to
partners
(depending on the
athlete's needs)

6. Final
interview
NOC*NSF



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External partners

TeamNL Experts

Competences,
psychological/psychosocial

Sporttop

Career planning

De SportMaatschappij

Power program (group coaching)

UWV

Career planning, jobmarket and job
mediation

Fanbased

Coaching on the job
(athlete and work organization)



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TeamNL@work programs

(Recently retired) athletes gain knowledge and work experience within a specific theme and are introduced in a unique network of, among others, TeamNL and its partners.



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TeamNL@work programs



Speakers



Personal branding



International Governance



Sports marketing & media



Fit for the job!



Entrepreneurship

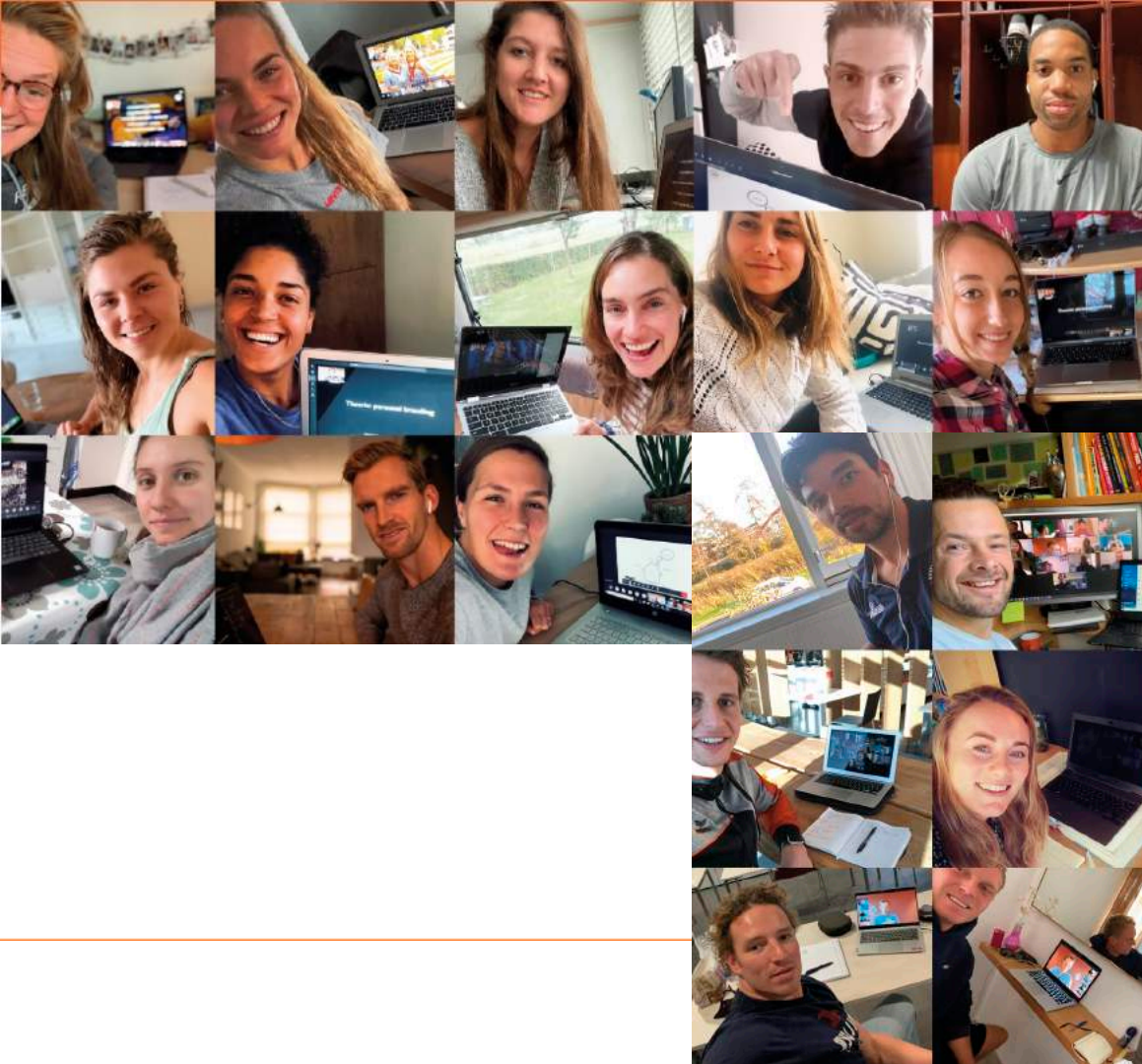


Club Advice



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mulier instituut

Ondersteuning topsporters bij transitie naar een volgende carrière

1-meting monitoring TeamNL@work (NOC*NSF)

Marit Dopheide

Agnes Elling

Monitoring

- Evaluations
- Mulier instituut



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380 intakes

223 women

157 men

207 individuals

173 team

274

46

34

26

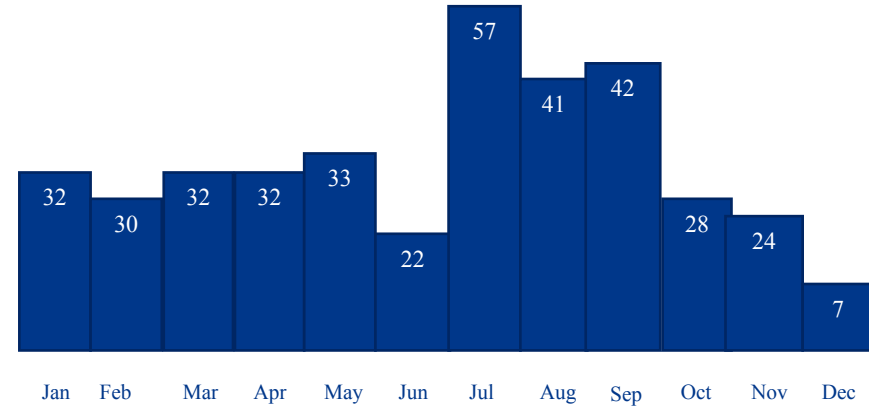
Active

Stopped 0 - 1

Stopped 1 - 2

Stopped > 2





184	X	personal development
87	X	career coaching
57	X	work(experience)
32	X	psychological
29	X	study



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@WORK 2021



- Pool of work organizations
- Paramedical
- Coaches
- Communication



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<https://teamnlatwork.nocnsf.nl/>

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